

May/June 2026 – Ninth Week of Ordinary Time

Sat 30th Bourne	9.00 am 10.30-11.30am	Rosary Mass: The Blessed Virgin Mary Sacrament of Reconciliation	Protection of the unborn
Bourne	6.00 pm	Mass: Vigil of the Most Holy Trinity (Solemnity)	John and Julia (Sheila) Walsh (RIP)
Sun 31st Bourne	8.45 am	THE MOST HOLY TRINITY Sunday Mass	Holy Souls
Deeping	10.30 am	Sunday Mass	People of the parish
Mon 1st	9.00 am	Rosary	
Bourne	9.30 am	Mass: St Justine (martyr)	Spiritual wellbeing of the depressed and suicidal
Bourne	6.00 pm	Mothers' Rosary	
Tues 2nd Bourne		NO MASS	
Wed 3rd Deeping		NO MORNING MASS OR SERVICES TODAY	
Deeping	7.00-9.00 pm	Drop-in Rosary prayer group	
Thurs 4th Bourne	9.30 am 10.00 am 10.45-11.45am	Rosary Mass: Feria Exposition and Sacrament of Reconciliation	Cida and Tim Batty – 4 th wedding anniv.
Fri 5th Deeping	1st FRIDAY 9.30am 2.15-3.30 pm	Mass: St Boniface (mem) Flame of Love Rosary and Chaplet	The sick and the dying
Bourne	6.15-7.00 pm 7.00 pm	Confessions Mass	1 st Holy Communion children and families
Sat 6th Bourne	1st SATURDAY 9.00 am 9.30 am 10.30-11.30am 6.00 pm	Rosary Mass: St Norbert (opt mem) Sacrament of Reconciliation Mass: Vigil of 10 th week of Ordinary Time	Protection of the unborn People of the parish

THE MOST HOLY TRINITY

May 31st 2026

BOURNE & THE DEEPINGS CATHOLIC PARISH NEWSLETTER

Readings Sunday Cycle Year A, the Weekday Cycle is Year 2

Parish Priest: Fr. Paul Lloyd

St. Gilbert's Road, Bourne PE10 9XB T: 01778 423593

(If your call requires prompt attention or is confidential, Fr Paul can be contacted on 07773 207974)

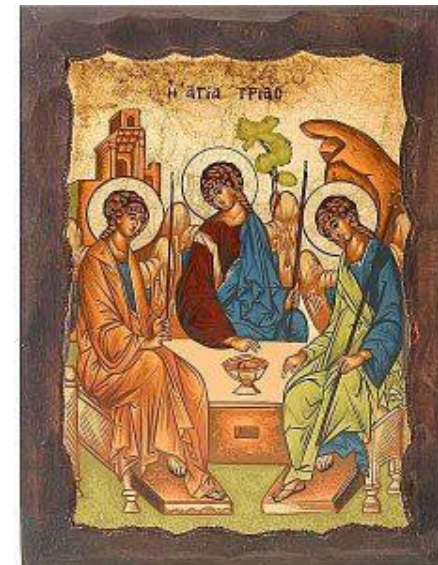
Parish Email: bourneanddeepingrc@dioceseofnottingham.uk

Private and confidential emails: frpaulloyd@gmail.com

Website: www.bourneanddeepingrc.org.uk

Facebook: Bourne and Deeping Roman Catholic Parish

Instagram: [bourneanddeepingcatholics](https://www.instagram.com/bourneanddeepingcatholics)



Source: British Association of Iconographers

The Holy Trinity Icon by Andrei Rublev

'Come, sit at the table.'

Nearest Catholic School: St. Augustine's Catholic Voluntary Academy.

Tel: 01780 762094 Email: enquiries@st-augustine.lincs.sch.uk

Website: www.st-augustine.lincs.sch.uk

Please pray for all our sick:

Carole Butler, Brian Canwell, Pam Mackenzie, Jaqueline Walster, Janet Dowse, Marie-Thérèse Goldberg, Joe Wey, Angela Deasy, June Tamburrini, Heleine, Paul Barry, Danielle Heath, Yvonne D'Cruz, Ruth Tibbs, Lorena Zalyte, Vivien Robinson, Molly McDermott, Bernard Westwood, Philip Constantine, Sarah McDermott, Toni King, Odessa Lodge, Bobby Kane, Maria Berry, Rose Starkey, Audrey Hazeldine, Coryn Nixon, Searle Clark, Anne Watson, Jo Tarpey, Gill Krender, Maria, Margaret Kline, Chris, Gregory Elliott, Mr Thomas, Sylvia Fleming, Mandy Azzopardi, Norman Stewart, Cheryl Nuthall, Matthew Gallagher, James, Peter McKenzie, Tony Miles, Grace Kendrick, Catherine Farndell, Nadia O'Brien.

Please confirm you have permission from the person whose name is being put forward before inclusion on sick list. Thank you.

Finance:

Weekend collections: £363.

First Holy Communion purchases £ 75.00

Standing orders for April: £2137. Thank you.

Email address for the newsletter and website additions

Please forward any newsletter items to bdrcpweb@gmail.com by **Wednesday**. Thank you.

Kids' Bulletin

A weekly, online bulletin written around the theme of the Gospel containing fun facts and activities to help children grow in their faith and understanding: <https://www.bourneanddeepingrc.org.uk/children/>

Newsletter by email

Please contact us at bourneanddeepingrc@dioceseofnottingham.uk if you would like to receive the newsletter by email.

Radio Maria England

24hr Catholic Radio Station <https://radiomariaengland.uk/>

"The Rosary is the most excellent form of prayer and the most efficacious means of attaining eternal life. It is the remedy for all our evils, the root of all our blessings. There is no more excellent way of praying." Pope Leo XIII

St Francis of Assisi on the Eucharist

"What wonderful majesty! What stupendous condescension! O sublime humility! That the Lord of the whole universe, God and the Son of God, should humble Himself like this under the form of a little bread, for our salvation"

"...In this world I cannot see the Most High Son of God with my own eyes, except for His Most Holy Body and Blood."

Two requests, please

1. Where possible, please turn off lights in church when they are no longer needed, such as in meeting rooms and loos, to save on electricity.
2. We are updating our keyholder list, so would be grateful if you could let me know if you are a keyholder at either church. Please contact me either in person or by email. Many thanks. Fr Paul.

The Beatification and Canonisation of Venerable Mary Potter

Bishop Patrick will celebrate Mass praying for the **Beatification and Canonisation of Venerable Mary Potter**, on **Thursday 4th June** at **1.00pm** at Saint Barnabas Cathedral, Nottingham. This special celebration is an opportunity to come together in prayer and thanksgiving, honouring the life and enduring legacy of Venerable Mary Potter. All are very welcome.

Beloved by God

We invite you to rediscover the joy of knowing ourselves beloved by God, unpacking that gift with inspirational Catholic speaker, [David Wells](#), and a mixture of personal reflection and the opportunity to share prayerfully with others. **Date: Saturday 27 June 2026, 12 noon – 4 pm BST, Zoom.** Register for free at [Beloved - Online Retreat — School for Synodality](#). David's website for more details: <https://davidwellslive.com/>

The Catholic Catechism on the Eucharist

1416 Communion with the Body and Blood of Christ increases the communicant's union with the Lord, forgives his venial sins, and preserves him from grave sins. Since receiving this sacrament strengthens the bonds of charity between the communicant and Christ, it also reinforces the unity of the Church as the Mystical Body of Christ.

<https://www.catholicculture.org/culture/library/catechism/index.cfm?recnum=4178>

Food for thought – from Filicia

I had a few people asking for the recipe for the Nigerian Buns (fried dumplings) at last Sunday's Holy Spirit Retreat, so here it is:

3 cups of flour
3/4 cup of sugar (reduce or increase to preferred taste)
2 tsp of baking powder
2 tbsp of butter (room temperature as it's easier to combine with the dry mixture)
1 egg
1 tsp vanilla extract (this is an optional ingredient)
1 tsp cinnamon powder (this is an optional ingredient)
3/4 milk or water
1/2 tsp salt
Cooking oil (heated to 150 -160 degrees Celsius)

Happy frying, enjoy!!!

World Youth Day 2027

All Young Adults are warmly invited to join the Diocese of Nottingham and Pope Leo in Seoul, South Korea, for **World Youth Day 2027**: a week of Encounter and Discipleship with 100,000s of other Young Catholics ready to hear the Lord speak into their lives. For more information please contact charles.archer@dioceseofnottingham.uk. As numbers are limited please do this by 31st July 2026.

The Diocesan Walsingham Pilgrimage

This will take place on **Saturday, 20 June** and will be led by Bishop Patrick. Arrivals from **11.30 am** with Mass at the Catholic Shrine at **3.45 pm**. I encourage parishioners to attend this special diocesan gathering. I will be going and have spaces in my car if anyone needs a lift. Fr Paul.

Virtues are formed by prayer. Prayer preserves temperance. Prayer suppresses anger. Prayer prevents emotions of pride and envy. Prayer draws into the soul the Holy Spirit, and raises man to Heaven.
St Ephrem

First Holy Communion Mass

This will take place on **Sunday, 7 June** at **11.00 am** in Bourne, the Feast of Corpus Christi. The normal Mass times will remain for **8.45 am** in Bourne and **10.30 am** in Deeping, where Fr Michael Vulliamy will officiate. Please pray for our 5 candidates as they make their final preparations.

Faith and Fellowship Lunch – Sacred Heart & St Gilbert

Following last month's interesting discussion on the Psalms, we invite you to join us for another faith discussion and lunch on **June 8th** starting at **11am**. All welcome.

Parish Retreat thanks

Many thanks to Fr Jonathan Cotton for leading our Parish Retreat last weekend. We also thank those who provided and served food, teas and coffees. Grateful thanks to the parishioners who attended and participated in the discussions, prayers and the international meal. This was a welcome time of spiritual renewal and refreshment and a reminder that the Gifts of the Holy Spirit are for sharing. As Pentecost leads into Trinity Sunday, the retreat taught us that we are all invited to share equally in the joyful relationship between Father, Son and Holy Spirit and to take a seat at their 'table'.

The Parish BBQ

This is being held on **Sunday 5th July, 1-4pm at Morton House**. Price of tickets £10 per adult and £5 per child to include all food and drinks. I will be selling tickets after Bourne Masses. If you are normally at Deeping Mass, please ring or text me to reserve your ticket. Thanks.
Gill: 07504 760958.

Correction

In last week's newsletter, there was a Mass intention for Maria Walsh. Please note that this was for Maria's 75th birthday and not 'RIP'. Sincere apologies for the error with continued prayers for Maria's health and wellbeing.

O Holy Spirit, descend plentifully into my heart. Enlighten the dark corners of this neglected dwelling and scatter there Thy cheerful beams. St Augustine

Holy Father's Prayer Intention for June

For the values of sports. Let us pray that sports be an instrument of peace, encounter, and dialogue among cultures and nations, and that they promote values such as respect, solidarity, and personal growth.

Latest message from Medjugorje, 25 May 2026

"Dear children, May this time be for you a time of prayer and fasting. Return, little children, in love to God Who is your peace. I am with you, little children, and I love you with my motherly tenderness. Thank you for having responded to my call."

A reflection on The Most Holy Trinity Rublev's Trinity Icon – filling the fourth place

Rublev's soul poem [painting] was "written" in Russia during the Tartar invasions, a time of unprecedented barbarity and bitter infighting. Living as he did in the midst of all this conflict, Rublev opens a window that reveals something of the mystery of God's presence in our world. He shows us a God of receptivity and tenderness. Indeed, to contemplate this icon is to be carried into "the silence of eternity, interpreted by love" (J. G. Whittier).

The three "angels" are God's messengers; their wings signify their heavenly provenance. They symbolise the three divine Persons, the Holy Trinity — hence this beautiful painting is usually referred to as the Trinity Icon. Their thrones are equal. The blue colour signifies divinity. The icon shows the Holy One in the form of Three, eating and drinking, in infinite hospitality and utter enjoyment between themselves. If we take the depiction of God in *The Trinity* seriously, we have to say, "In the beginning was the Relationship." The gaze between the Three shows the deep respect between them as they all share from a common bowl. Notice the Spirit's hand points toward the open and fourth place at the table. Is the Holy Spirit inviting, offering, and clearing space? I think so! And if so, for what, and for whom?

The icon was inspired by the Genesis narrative of the three strangers who visit Abraham at the Oak of Mamre, its alternative title being: *The Hospitality of Abraham*. This recalls Abraham's response to the three men who approach his tent: he "knows at once, from deep within, that **it is 'the Lord' who wishes to be his guest**" (J. Ratzinger, *Jesus of Nazareth*, vol. 2). He runs to greet the strangers and begs them to stay. Happy when they agree to do this, he offers them generous refreshment. While they are eating, he stands near them under a tree, and silently looks

at them. This is a theophany. It wordlessly but eloquently proclaims the message, "The Kingdom of God is among you."

Some would hold that a theophany (the word means "revelation of God's nearness") is a surprisingly common human experience: in a moment of stillness, God suddenly "appears" in our lives; touches us deeply through something we see or hear, something we are thinking about, reading about, talking about, inviting us all to sit at the divine table. Source: extract from <https://www.churchtimes.co.uk/articles/2023/2-june/faith/faith-features/filling-the-fourth-place> and <https://cac.org/daily-meditations/the-trinity-invites-us-to-take-our-place-table-2016-09-13/>

The Five-Step Daily Examen or Daily Awareness exercise

From the many insights into the Holy Spirit at our retreat weekend, Fr Jonathan shared the Daily Examen of St Ignatius, already practised by some participants, and recommended as a simple but highly effective way to grow in sensitivity to God in our lives. This daily exercise should only take about 10-15 minutes and can be incorporated into the day where convenient, or contemplated within your own prayer 'space' at home:

1. Place yourself in God's presence. Give thanks for God's great love for you.
2. Pray for the grace to understand how God is acting in your life.
3. Review your day — recall specific moments and your feelings at the time.
4. Reflect on what you did, said, or thought in those instances. Were you drawing closer to God, or further away?
5. Look toward tomorrow — think of how you might collaborate more effectively with God's plan. Be specific, and conclude with the "Our Father."

<https://www.iesuits.org/spirituality/the-ignatian-examen/>

Prayer to the Holy Spirit for Evangelisers (all of us!)

Give me the gifts I need in my labour,
A mind that is eager to seek for the truth,
Keen to perceive it and strong to embrace it.
A will that is eager and valiant to do.

Come to my aid when you hear me calling,
Light up the dark, make the rough places plain.
Bring to my mind the unknown and forgotten.
Give me the words that I seek for in vain.
Amen. (*St Thomas Aquinas*)