

February 2026

Sat 21st Bourne	9.00 am 9.30 am	Rosary Mass: St Peter Damian	Protection of the unborn
Bourne	10.30-11.30am 6.00pm	Sacrament of Reconciliation Mass: Vigil of First Sunday of Lent	Anita Chipperfield RIP
Sun 22nd Bourne	8.45 am	FIRST SUNDAY OF LENT Sunday Mass	Yvonne Carroll RIP
Deeping	10.30 am	Sunday Mass	The sick and the dying
Mon 23rd Bourne	8.00 am 8.45 am	Mass: St Polycarp Rosary	Fr Noel Doyle RIP (Brentwood)
Bourne	6.00 pm	Mothers' Rosary	
Tues 24th Bourne	9.00 am 9.30 am	Rosary Mass: Lenten Feria Lenten Station Mass with Bishop Patrick	Carmen Collis and family At St Norbert's in Spalding
Spalding	7.00pm		
Wed 25th Deeping	9.30-10.30 am 10.30 am	Exposition and Sacrament of Reconciliation Mass: Lenten Feria	Kathleen and Paul Meehan RIP
Thurs 26th Bourne	9.30 am 10.00 am 10.45-11.45am	Rosary Mass: Lenten Feria Exposition and Sacrament of Reconciliation	Carmel Ingram RIP
Fri 27th Deeping	9.30 am	CAFOD FAMILY FAST DAY Mass: Saints Margaret Clitherow, Anne Line, Margaret Ward (martyrs) Flame of Love Rosary and Chaplet	Bishop Thomas McMahon RIP (Brentwood)
Bourne	2.15-3.30 pm		
Sat 28th Bourne	9.00 am 9.30 am	Rosary Mass: Lenten Feria	Protection of the unborn
Bourne	10.30-11.30am 6.00 pm	Sacrament of Reconciliation Mass: Vigil of Second Sunday of Lent	People of the parish

THE FIRST WEEK OF LENT February 22nd 2026

BOURNE & THE DEEPINGS CATHOLIC PARISH NEWSLETTER

Readings Sunday Cycle Year A, the Weekday Cycle is Year 2

Parish Priest: Fr. Paul Lloyd

St. Gilbert's Road, Bourne PE10 9XB T: 01778 423593

(If your call requires prompt attention or is confidential, Fr Paul can be contacted on 07773 207974)

Parish Email: bourneanddeepingrc@dioceseofnottingham.uk

Private and confidential emails: frpaulloyd@gmail.com

Website: www.bourneanddeepingrc.org.uk

Facebook: Bourne and Deeping Roman Catholic Parish

Instagram: [bourneanddeepingcatholics](https://www.instagram.com/bourneanddeepingcatholics)

CAFOD FAMILY FAST DAY – FRIDAY 27 FEBRUARY



Lent Family
Fast Day 2026

CAFOD A better world
needs all of us

Pray, Fast, Give.

Nearest Catholic School: St. Augustine's Catholic Voluntary Academy.

Tel: 01780 762094 Email: enquiries@st-augustine.lincs.sch.uk

Website: www.st-augustine.lincs.sch.uk

Please pray for all our sick:

Brian Canwell, Julie Wolfarth, Pam Mackenzie, Terry Westwood, Janet Dowse, Marie-Thérèse Goldberg, Joe Wey, Angela Deasy, June Tamburrini, Heleine, Paul Barry, Danielle Heath, Yvonne D'Cruz, Ruth Tibbs, Lorena Zalyte, Vivien Robinson, Molly McDermott, Bernard Westwood, Philip Constantine, Sarah McDermott, Toni King, Odessa Lodge, Bobby Kane, Maria Berry, Rose Starkey, Audrey Hazeldine, Coryn Nixon, Bernie Emery, Searle Clark, Anne Watson, Jo Tarpey, Gill Krender, Maria, Margaret Kline, Chris, Adrian Howarth, Gregory Elliott, Mr Thomas, Sylvia Fleming, Mandy Azzopardi, Norman Stewart, Cheryl Nuthall, Matthew Gallagher, James, Peter McKenzie, Tony Miles, Grace Kendrick, Catherine Farndell, Nadia O'Brien.

Therese Greville RIP died recently. Please pray for her eternal repose and for her husband Ted and their family. Her funeral will take place at 2.30pm on Tuesday March 3rd at our church at Deeping St James. May she rest in peace. Amen.

Finance:

Weekend collection: £387. Donation: £25. Funeral donation: £50.00.
Thank you.

Second collection next weekend: CAFOD LENT FAST DAY

Email address for the newsletter and website additions

Please forward any newsletter items to bdrcpweb@gmail.com by **Wednesday**. Thank you.

Kids' Bulletin

A weekly, online bulletin written around the theme of the Gospel containing fun facts and activities to help children grow in their faith and understanding: <https://www.bourneanddeepingrc.org.uk/children/>

Vacancies in the Nottingham Diocese

Please see website: <https://www.bourneanddeepingrc.org.uk/vacancies/>

Stations of the Cross

I am looking for volunteers to lead Stations of the Cross throughout Lent, at each of our churches if possible. Please let me know if you would be willing to lead these prayers and at what time. (Tuesday afternoon/evening is available at Bourne currently.) With grateful thanks. Fr Paul.

Refurbishment at Bourne Church

The new carpet in Bourne will be laid during the week beginning **13th April**. The church will be closed from the Monday to Friday inclusive. We need to get the radiators painted before the carpet goes down. If anyone is able to help please contact Gill on 07504 760958. Thanks.

40 days for life – Lent Pro-Life

During Lent, a group of Christians take our belief in the sanctity of life to the public space and offer a life-giving alternative to the sadness of abortion. Our witness is legal, peaceful, compassionate and non-judgemental. To find out more, contact John at pro-life@dioceseofnottingham.uk or 40daysforlife.com/nottingham. 'For whenever you did this to the least of my little ones, you did it to me.'

Stations of the Cross for Children

This can be found on our website and can be downloaded for children to colour in, at: [The Stations of the Cross - Bourne and Deeping RC Parish](#)
Please encourage your children to colour them and bring them in to the church to make a display. Thank you.

Diocesan Youth Service Lourdes Pilgrimage

The Diocesan Youth Service NDCYS is taking a group of young people and young adults to Lourdes, France as part of the Diocesan Pilgrimage in July 2026. If you are aged 16+ and unable to go with your school, or a young adult who would like to be a small group leader, we encourage you to download the information pack and apply at ndcys.com/lourdes

Lent Family Activities

The **Celebrate Trust** has produced two resources for families in Lent: a **Family Activity Pack for Lent** and a **Journey to Easter Joy** game. Visit www.celebratetrust.org/shop/len-family-pack-celebratehome-s45pm and www.celebratetrust.org/shop/len-game-celebratehome-s45pm-39gpi to download them, and (if you can) to support Celebrate too.

“Keep a clear eye toward life’s end. Do not forget your purpose and destiny as God’s creature. What you are in his sight, is what you are and nothing more. Remember that when you leave this earth, you can take nothing that you have received...but only what you have given – a full heart enriched by honest service, love, sacrifice and courage.”
St Francis of Assisi (1181-1226)

Parish outing to Walsingham

As a parish we are considering going to Walsingham in the summer (a midweek day in July or August). Can we please ask for expressions of interest, so that I can get a price for a coach or minibus etc. I can then let everyone know a rough price; the parish will subsidise part of the cost. I will leave a list at both churches if you could add your names if interested. This does not commit you to going. Thanks. Gill.

Lenten reflections with Father Jonathan Cotton

Reflections through slides, music and prayers of **The Seven Last Words of Jesus** on **Tuesday 24th March** in Saint Wilfrid's Church, Coalville LE67 3JB, and on **Thursday 26th March** in Sacred Heart Church, Loughborough LE11 2HE. Both evenings begin at **7.00pm**, and conclude at 8.30pm with refreshments.

Nottingham Diocesan Lourdes Pilgrimage 2026

Respond to Our Lady's invitation, and join Bishop Patrick, in the Nottingham Diocesan Lourdes Pilgrimage. Departing from East Midlands airport on **Monday 13th July**, enjoy five days in Lourdes with over 200 people from across our diocese. Those with additional needs will be cared for by our health team and helpers' team. Mary invites us all to come to this holy place. More details from the tour operator: <https://www.tangney-tours.com/diocese-pilgrimages/diocese-nottingham/>

This invitation is especially extended to **Young Adults** (18-35) who are encouraged to help in caring for those with additional needs. You will be offered a discounted rate of £822 with funding support available. See poster and contact Charles Archer or Father Simon Gillespie charles.archer@dioceseofnottingham.uk simon.gillespie@dioceseofnottingham.uk

Lent Lunches in the Deepings

The following dates were agreed with a suggested donation of £4.00. All the lunches start at **12 noon**.

February 21 Our Lady of Lincoln and St Guthlac RC Church

February 28 St Guthlac's

March 7 Priory Church

March 14 Open Door

March 21 Methodists

Proceeds to be split between Christian Aid and CAFOD. Many thanks.

Visiting Priest

We welcome Fr David Marsden SCJ of the Sacred Heart Fathers who will be celebrating our Sunday Masses this weekend.

Lent Course – Sacred Heart and St Gilbert's, Bourne

Every **Monday** during Lent, beginning on **23 February** at **11:00 am**. All welcome. Thank you. Diana.

DEANERY LENTEN STATION MASS – THIS TUESDAY

At **The Immaculate Conception and St Norbert's church, Spalding, Tuesday 24 February, 7.00 pm**.

All are warmly invited to attend. Bishop Patrick will preside and preach.

Programme for the Evening

Adoration – from 6 pm – 6.45 pm

Confessions – from 6 pm – 6.45 p.m.

Station Mass – 7 p.m. – Bishop Patrick with other priests of the deanery concelebrating.

Refreshments immediately after Mass in the parish Hall.

CAFOD FAMILY FAST DAY – FRIDAY, 27 FEBRUARY

This Lent, live out the Gospel call to love your neighbour. By fasting and giving what you save, you join in Christ's compassion and help another family put food on the table. Your donation can help families around the world grow food in difficult conditions – such as on flood-resistant floating gardens or using solar-powered water pumps in times of drought.

PLEASE COLLECT A CAFOD ENVELOPE to bless others with your support, donate online at cafod.org.uk/envelope or call 0303 303 3030. Text CAFODLENT to 70085 to donate £10.

World Day of Prayer – Friday, 6 March 2026

A global ecumenical movement led by Christian women who welcome you to join in prayer and action for peace and justice. A special service will be held at **Bourne Abbey Church** at **2:00 pm** on **Friday, 6 March**.

“Lent comes providentially to reawaken us, to shake us from our lethargy.” Pope Francis (1936-2025)

“One righteous soul can obtain pardon for a thousand sinners.”
St Margaret Mary Alacoque (1647-1690)

Extract from the Holy Father's Message for Lent

Listening and Fasting : Lent as a Time of Conversion

Dear brothers and sisters, Lent is a time in which the Church, guided by a sense of maternal care, invites us to place the mystery of God back in the centre of our lives, in order to find renewal in our faith and keep our hearts from being consumed by the anxieties and distractions of daily life. Every path towards conversion begins by allowing the word of God to touch our hearts and welcoming it with a docile spirit. There is a relationship between the word, our acceptance of it and the transformation it brings about. For this reason, the Lenten journey is a welcome opportunity to heed the voice of the Lord and renew our commitment to following Christ, accompanying him on the road to Jerusalem, where the mystery of his passion, death and resurrection will be fulfilled.

This year, I would first like to consider the importance of making room for the word through **listening**. The willingness to listen is the first way we demonstrate our desire to enter into relationship with someone ... Sacred Scripture helps us to recognize and respond to the cry of those who are anguished and suffering. In order to foster this inner openness to listening, we must allow God to teach us how to listen as he does.

If Lent is a time for listening, **fasting** is a concrete way to prepare ourselves to receive the word of God. Abstaining from food is an ancient ascetic practice that is essential on the path of conversion. Precisely because it involves the body, fasting makes it easier to recognize what we "hunger" for and what we deem necessary for our sustenance ...

... our parishes, families, ecclesial groups and religious communities are called to undertake a shared journey during Lent, in which listening to the word of God, as well as to the cry of the poor and of the earth, becomes part of our community life, and fasting a foundation for sincere repentance.

I impart my heartfelt blessing upon all of you and your Lenten journey.

LEO PP. XIV From the Vatican 5th February 2026 Memorial of Saint Agatha, Virgin and Martyr

Full message at:

<https://press.vatican.va/content/salastampa/en/bollettino/pubblico/2026/02/13/260213d.html>

Gospel reflection for the First Sunday of Lent, from Cafod

On this first Sunday of Lent, our readings take us from the garden to the wilderness. In the beginning, God created a world of abundant goodness, in which the needs of all could be met. Today, the climate crisis threatens to destroy the garden God created and makes it hard for many of our neighbours to grow enough food to eat. In the gospel, we join Jesus in the desert. He refuses to turn stones into bread to satisfy his own hunger but will soon reach out in love to feed thousands with a few loaves and fish. As we begin this season of Lent, may our concrete acts of love – our fasting, prayer and almsgiving – help us cultivate a better world where all people have enough to eat.

Facing Temptation

'Then Jesus was led by the Spirit into the desert to be tempted by the devil. He fasted for forty days and forty nights, and afterwards he was hungry.' [Matthew 4:1-2](#)

Is temptation good? Certainly it's not a sin to be tempted, otherwise our Lord could never have been tempted Himself. But He was. And so are we. As we enter into the first full week of Lent, we are given the opportunity to ponder the story of Jesus' temptation in the desert. Temptation is never from God. But God does permit us to be tempted. Not so that we fall, but so that we grow in holiness. Temptation forces us to rise up and make a choice either for God or for the temptation. Though mercy and forgiveness are always offered when we fail, the blessings that await those who overcome temptation are numerous.

Jesus' temptation ... did afford Him the opportunity to manifest His perfection within His human nature. It is that perfection we seek and His perfection that we must strive to imitate as we face the temptations of life.

Source: My Catholic Life for full article.

Prayers for Lent

Grant us, O Lord, to begin with holy fasts the exercises of our Christian warfare: that, as we do battle with the spirits of evil, we may be protected by the help of self-denial. Through Christ our Lord. Amen.

O my God, I love Thee with my whole heart, may I never offend Thee any more, may I love Thee without ceasing and make it my delight to do in all things Thy most holy will. Amen. *(From 'Holy Days', Burns Oates)*